



LE TOURING

BOUTIQUE HOTEL



SOTHYS

PARIS

WELLNESS CARD

 SOTHYS
PARIS

LE FIL DE VIE™

FROM THE FIRST DAY OF LIFE, THE SKIN HAS RECEIVED A CAPITAL OF ENERGY THAT WILL BE THE SOURCE OF ITS RADIANCE AND GLOW THROUGHOUT THE YEARS.

Deprived of energy, the skin loses all its radiance. Sooner or later, it appears more marked by the signs of ageing. From this simple observation, Sothys created the Fil de vie™ principle, which aims to compensate for and preserve the integrity of the skin's youthful capital in order to preserve the radiance and glow that are sources of beauty.



FACIAL CARE

DETOX ENERGIE INTENSIVE TREATMENT

A treatment to breathe new life into the skin and help it defend itself in all circumstances against the damaging effects of environmental stress, which can accelerate skin ageing. The skin is recharged with energy and the complexion is luminous, as if purified.

1H15' - 115 €



FRESH RADIANCE CARE - CERTIFIED ORGANIC

All skin types, even the most sensitive, can benefit from this short treatment with a fresh scent, designed to wake up the skin and give it an instant radiance boost. Thanks to the combination of sensoriality and effectiveness in the new Sothys Organics® certified organic facial treatment, immerse yourself in the heart of nature. You can also enjoy a moment of deep relaxation with a cocooning facial and scalp massage, for absolute relaxation.

30' - 60 €



BODY CARE

EVASION LEMON - SMALL GRAIN

With its fresh, fruity scent, let yourself be transported by this escape, starting with a 30-minute scrub followed by a 60-minute tailor-made massage.

1H30' - 140 €



EVASION ORGANIC

Enjoy a gentle, certified organic escape with a 30-minute scrub followed by a 60-minute customised massage. You can add a 30-minute fresh radiance treatment to complete your escape.

1H30' - 140 €



BODY SCRUB

This scrub helps to refine skin texture and gently remove dead cells, leaving skin velvety soft and moisturised.

30' - 60 €



BACK RITUAL

Undo all the back tension you've built up with this ritual, consisting of a gentle exfoliation followed by a massage to oxygenate the body and stimulate blood circulation.

50' - 100 €



MODELLING

CUSTOMIZED MODELLING

Ideal for relaxation and physical recovery, let yourself be carried away by these effleurage, kneading and pressure manoeuvres.

Choose your intensity and massage oil for absolute relaxation.

25' - 55 €

50' - 100 €

1H20 - 140 €



FACE & SCALP MODELLING

Massage of the nape of the neck, face and scalp to relieve stress and smooth facial features. Helps to improve blood circulation in this area and relax the muscles.

25' - 55 €



HAND OR FOOT MODELLING

A relaxing massage of the hands or feet to help you relax and fall asleep. In addition, a complete massage of this part of the body stimulates blood circulation and lymphatic drainage.

25' - 55 €



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BOOK AT LEAST 24 HOURS IN ADVANCE ON 06 01 72 57 87 OR 04 94 55 01 50

INFORMATIONS GENERALES

TREATMENT CABIN OPENING HOURS:

We would be delighted to welcome you for your treatments 7 days a week from 9:00 am to 5:30 pm, subject to availability. Duo possibilities subject to booking.

ARRIVE :

The duration of treatments indicated corresponds to your treatment time, as well as to complete care. We advise you to arrive 5-10 min before your treatment starts, to make the most of your experience. A delayed arrival on your part will unfortunately not result in an extended treatment time.

RESERVATION :

Appointments can be made directly with the hotel reception on 04.94.55.01.50 or 06.01.72.57.87. Services are subject to availability. We recommend that you book as far in advance as possible. In order to guarantee your reservation, we may ask for your credit card details as a guarantee if your appointment is not honored. A pre-authorization for the total amount of your treatment may be made. This pre-authorization is in no way a debit, unless you cancel or fail to show up for your appointment. Otherwise, you will have the option of paying for your treatment at the time of departure by the means of payment of your choice.

ACCES FACILITIES :

As the hammam is co-ed, bathing suits must be worn. Please inform us of your request 15 minutes before the desired time so that we can warm it up and confirm your access. It is accessible at any time, provided that a member of staff is present on site.

HEALTH :

Please inform us of any health problems, allergies or injuries that might interfere with your treatment. Although our treatments are designed to promote well-being and relaxation, they are in no way intended to replace medical massages or medical supervision in the event of health problems. If you are under medical supervision, please consult your doctor for advice before booking a spa treatment. Hôtel Le Touring declines all responsibility in the event of false declaration on your part, in the event of accident, injury or damage.

LATE CANCELLATIONS:

In the event of a delay on your part, we will be obliged to shorten your treatment or cancel it so as not to inconvenience subsequent clients. No price reduction will be applied.

If you wish to change or cancel your appointment, please give us at least 24 hours' notice. If you fail to do so, you will be billed for the service originally booked, and your bank details will be collected. You agree to this when you make your booking.



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